

TOPIC

Snoring: Good sleep or a Healthy Alarm?

SUMMARY

Many people believe snoring means deep sleep, but it may actually be a warning sign of serious health problems affecting the heart, brain, and lungs.



PRESENTER



Dr. Ivan Kimuli

Respiratory and Sleep
Physician

Deputy Director, Lung Institute

@ikimuli2020

MODERATOR



Prof. William Worodria

Senior Consultant / Pulmonologist,
Mulago Hospital

Senior EDCTP Fellow, IDI, Uganda

Adjunct Assistant Professor, CWRU

Honorary Professor of Medicine,
MakCHS

WEDNESDAY
18th MAR.
2026

3:00-4:00pm

East African Time
(EAT)

Register in advance for this meeting



<https://tinyurl.com/y79u7mv2>

CPD points will be awarded to all doctors
registered with UMDPC who attend the session

Scan the QR to
REGISTER

